



THE

SACRED DREAM CIRCLES

PROJECT

ZELDA HOTALING

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The Sacred Dream Circles Project is the inspiration of spiritual teacher and guide Zelda Hotaling. Dream catchers—a Native American craft based on the belief that the night air is filled with dreams—are the origin of the Sacred Dream Circles. Legend says good dreams are clear and know their way to the dreamer, descending through the dream catcher's feathers. Bad dreams are confused, cannot find their way through the web, and become trapped until the sun rises and evaporates them like morning dew. Similarly, the Sacred Dream Circles dissipate confusion and ignorance, allowing the universal frequency of love to bring Heaven to Earth.

In 2012, Zelda received a vision to create a seven foot diameter dream catcher. When complete, she received a second vision to create two more - all three to be offered in a ceremony on the ending date of the Mayan calendar, December 21, 2012. This ceremony activated a gateway, serving to increase awareness of the energies of compassion and love, and affording greater opportunities to heal ourselves and Mother Earth.

Following the 2012 ceremony, Zelda received visions to continue to create the sacred webs, far beyond the original inspiration, and the Sacred Dream Circles project was born. The Circles are welded and woven with thousands of crystals, metals, and other natural elements. Their sacred geometry (the universally experienced correlation of numbers to manifestation) has the power to open the emotional/mental/spiritual body and bring healing.

The project is now complete. There are twenty-one Sacred Dream Circles in all, each representing a portal of entry for us to connect with consciousness raising energy here on Earth. Together, the twenty-one Sacred Dream Circles focus our intention, reconnecting us with our authentic spiritual selves. They show us how we limit ourselves through fear and judgment, and help us connect with who we are and how to use our creativity during our journey on Earth. The Circles are meant to be shared by all who feel drawn to their gifts of life energy. They ask only that we remember our humanity and realize our life's purpose: to bring love, unity, peace, compassion, sharing, truth, honesty, friendship, joy, and healing to the world.

Enjoy this celebration today to meditate, envision, heal, and most importantly connect without expectations, so you may experience the beautiful being you already are.

HOW CAN YOU EXPERIENCE THE SACRED DREAM CIRCLES?

Our world is changing. Many of us now long to connect to each other and our one true nature, treating all that we experience with kindness. Now, more than ever, is the time to focus our intentions in order to bring love and compassion into our lives. This is a time for all humanity to come together and, with the aid of the Dream Circles, to ignite the fire within us and to bridge the two worlds of our past and the future that awaits us.

The Sacred Dream Circles are a gift to all humanity and thus have the capacity to touch those from all walks of life, ethnicities, religions, and spiritualities. When we come into their presence, we experience the common spirit of joy, love, and compassion. Then, together, we carry that vision and wisdom out into the world.

When we enter the Sacred Dream Circle's presence, in certain venues we receive headphones and are invited to sit before the first circle. As we gaze into the circle, we will hear its story and purpose. To enhance and fully immerse in the Sacred Dream Circle experience, each story will be accompanied by Zelda playing crystal singing bowls, drums and rattles, specifically tuned to promote each circle's healing capacity through sound vibrations. Different tones create distinct vibrations, opening the energy associated with that circle. As we complete the experience of each circle and move to the next, we will travel into the parts of

ourselves that need our loving attention, such as fears, judgments or the separateness we create. We will journey from false beliefs of lack and separation, through self-healing, and be brought back home to love and the full potential of our own beautiful beings.

By standing or sitting with each circle, your inspiration is triggered and moves through your energy field to remember the great possibilities. When we become aware of and heal our destructive patterns, we will naturally become more compassionate to ourselves, each other, and the planet. As each of us becomes illuminated, we will find inspirations through our daily experiences; realizing our purpose here. And thus the energy of the Sacred Dream Circles will extend limitlessly in all directions and dimensions.

Each person will experience them differently—some as art, some as healing energy, and others as vehicles for transformation—and transmit their message according to one's own individual creativity. The fulfillment of the vision has already begun. Are you ready to be with the dream?

THE SACRED DREAM CIRCLES

The Sacred Dream Circles are experienced in order from one to twenty-one, with each of us receiving what we need from each circle.*

The Circles are each unique to their purpose, yet work in harmony, thus we find elements of some Circles echoed in others. They are grouped as follows:

Circles 1-3: The first set of Circles comprise the original vision. Inspiration, illumination and movement (I-M)—the “I-AM” vibration. The experience is that of coming back to the presence of who we are.

The first Circle, Inspiration, contains a smaller five inch circle. Identical smaller circles are also found in Dream Circles four through twenty—representing “seeds” of our inspiration. Like watering a seed, these smaller circles trigger our inspiration, and from this point of activation we gain clarity about where we need to direct our energies.

Circles 4-10: The second set of Circles, and those that follow, arose from several subsequent visions. They represent all aspects of ourselves and show us how to unhook our energy from fear, judgment, limitation, and separation.

Circles 11-17: The third set of Circles build upon the second, taking us farther on our journey. Their vibrations help us bridge the two worlds: the Human consciousness and the Spiritual realms, connecting to our Creator.

Circles 18-21: The final set of Circles were motivated by Native American Hopi legend. The patterns of the first three Circles form the faces of Kachinas. They give us access to the Universal Web of connection where all are intertwined as one. The experience is of recognizing we are not separate or alone.

*May your inspiration be created and unfold
as you walk your path.*

* Benefits can be realized without experiencing all twenty-one circles.

THE TWENTY-ONE CIRCLES:

- 1 INSPIRATION
- 2 ILLUMINATION
- 3 MOVEMENT
- 4 HEALING WATERS
- 5 HEAVEN COMES INTO EARTH
- 6 NEW WORLD
- 7 DREAMTIME, WALKING IN TWO WORLDS
- 8 NINE SACRED CHAMBERS
- 9 THE TEMPLE
- 10 THE CHALICE
- 11 PLEIADES
- 12 POLARIS
- 13 ORION'S BELT
- 14 THE GATE KEEPER
- 15 & 16 THE EYES
- 17 THE RAINBOW FISH & THE EYE OF HORAS
- 18 BLUE STAR KACHINA
- 19 FIRE KACHINA
- 20 SUN KACHINA
- 21 WHITE BUFFALO CALF WOMAN

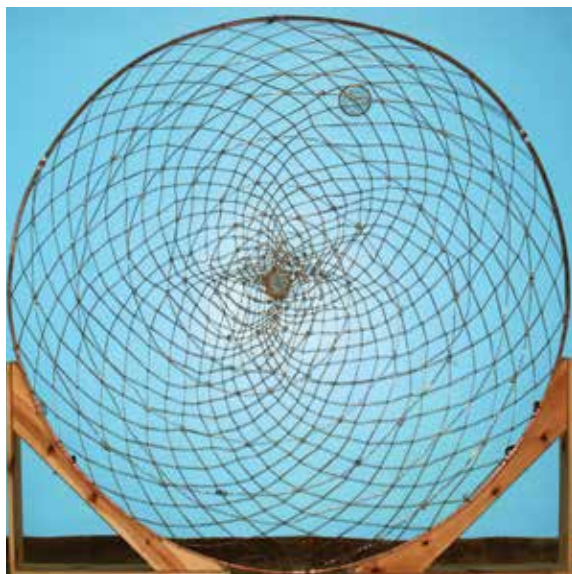
1

INSPIRATION

The first Dream Circle, Inspiration, initiates the I-AM group. It is a vehicle to mobilize our inspiration, encouraging the frequency of love to awaken within us. As we circulate our breath through our body, Inspiration allows our hearts to open, to connect with Creator and the Mother Energy, and to remember our love, gratitude, and thankfulness to Her. It expands our awareness, giving us permission to love ourselves by consuming the fear that says, “I can’t” and providing the strength for, “I can and I will.”

The intricate web is comprised of three spirals converging at a large, clear quartz crystal. Like a dew-drenched spider’s web, one hundred twenty-one crystals sparkle along thirty-six yards of string and copper wire. The crystal-laden spirals open a portal, lighting a fire of our individual creativity and helping us to remember what we love to do, but perhaps have been holding back.

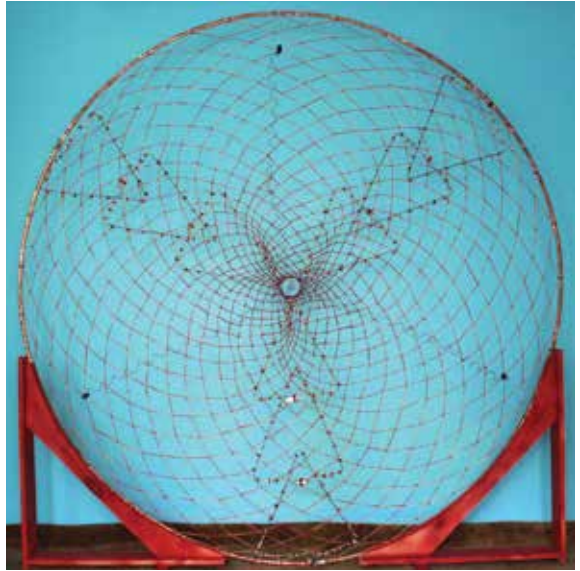
This Dream Circle took Zelda over eighty hours to craft. As her fingers became accustomed to the weaving process for this first circle, each knot became a song and prayer.



2

ILLUMINATION

The second Dream Circle, Illumination, is the heart that pulsates the I-AM presence group, illuminating our spirit by awakening it to go deeper into the frequency of love, grounding us. It then circulates our breath through the system of our energy field on all dimensions and at all cellular levels.



Illumination gathers energy over our heads and allows it to descend past our foreheads, calming our thoughts. Then as if a warm shower, the energy moves further, removing the veils from our eyes and opening the channels of our ears so we may hear the truth. It continues past our mouths, where we express ourselves, and down through each vertebrae, expanding into our lungs and belly. Finally, it flows through our legs and feet, illuminating our connection to the Earth.

The web contains five brass triangles in each of three segments of the whole. A copper ring surrounds one-hundred-eighty-nine crystals that speak to us through the winds of our breath. In the center rests a single large, clear quartz crystal, just as in the first Circle. The crystal acts as an attractive force, drawing in our breath and activating our cellular memory.

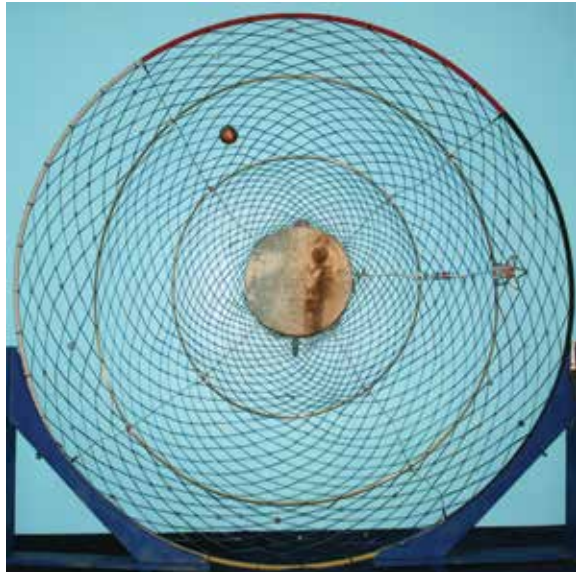
3

MOVEMENT

The third Dream Circle, Movement, is the last of the I-AM group. It is the movement of the I-AM presence. Its resonance of pulsating energy opens our hearts to healing, bringing us back to remember where we came from: The Mother Energy; the Light.

As we experience Movement, vibrations in the surrounding air echo in the central drum—the circle's heartbeat - emitting an energy pulse. The drum's reciprocal vibrations are then magnified and transmitted outward in all directions by a pink quartz merkaba (a star tetrahedron constructed from two triangular pyramids). Movement asks: "How do we feed our spirit?" As we stay present with the circle, we feel the spirit of the drum and allow it to carry us home.

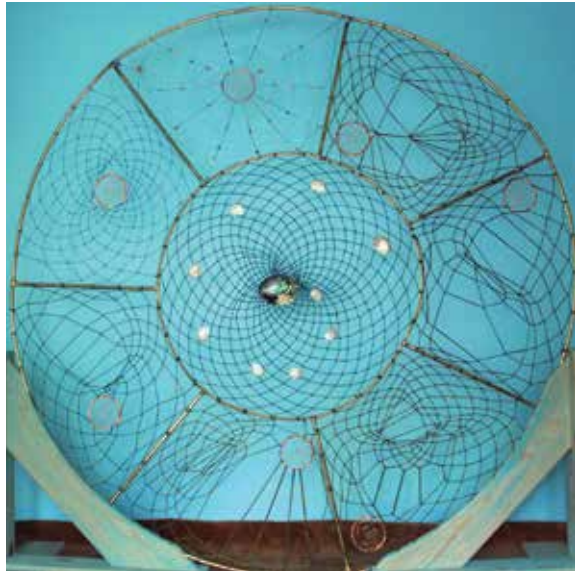
The three rings of this Circle seem to pulse outward, symbolizing expansion from the third dimension through the fifth dimension and beyond. Four colors of coated copper wire represent the four elements of earth, water, fire and air. The drum, stretched from buffalo hide, represents the spirit of our own origin.



4 HEALING WATERS

The fourth Dream Circle, Healing Waters, is the first to continue the mission of the original Dream Circle vision. Now that our energy has been activated by the Dream Circles of the I-AM group, Healing Waters raises it to a higher vibration by bringing the frequency of water to the fluids within us so they may be healed.

Healing Waters may be viewed as a time chamber, allowing us to return to a time when false beliefs were imprinted upon us. This circle reveals untruthful pretenses and limitations stored in the cells of our bodies. By gently bringing us back to when we first agreed we were other than beautiful light beings, the emotional body is cleansed, polluting thoughts dissolved, and present destructive patterns healed.



Seven brass chambers frame a central ring. Within each chamber, a “seed” of the first Circle, Inspiration, seems to flow through the energetic current as we move our attention in a clockwise direction. The drifting seed captures condensed and scattered energy until coming to rest in the center of the last chamber. Each chamber differs in color from green, yellow, and blue of murky polluted water, to clean, clear light blue and white.

A central abalone shell holds the energy of water, its pearly essence a return to purity. As in the third Dream Circle, a pink quartz merkaba radiates healing energy outward.



“The Seed” of Inspiration appears in Sacred Dream Circles four through twenty.

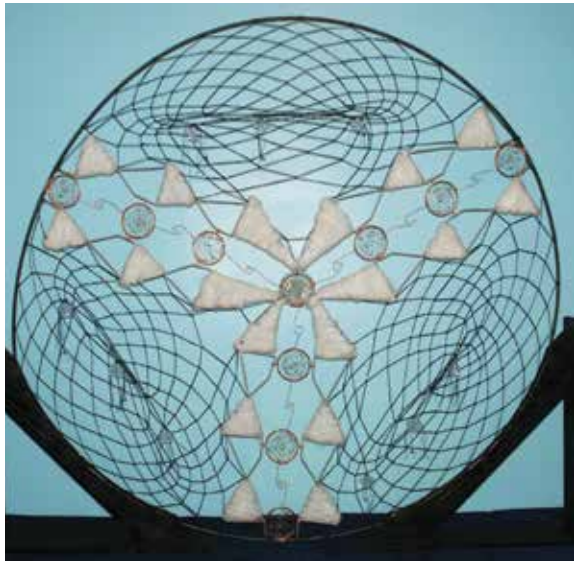
5

HEAVEN COMES INTO EARTH

The fifth Dream Circle, Heaven Comes into Earth, allows our energy channels to meet the mind of Creator, and connect with our guides, angels, and to whomever we pray. This circle creates protection, fostering the knowing that we are safe, and shifting our thoughts away from victimization. We realize we are beautiful light beings and we are not alone.

The stark black and white design represents the polarity of right and wrong, good and bad—false beliefs that encourage judgment of ourselves and others. Heaven Comes into Earth shows us how not to become mired in habitual beliefs in duality as we realize everything exists as one. From this vantage point, female and male energies are no longer at war, finding harmony and balance within us. We return to our natural state of oneness and wholeness.

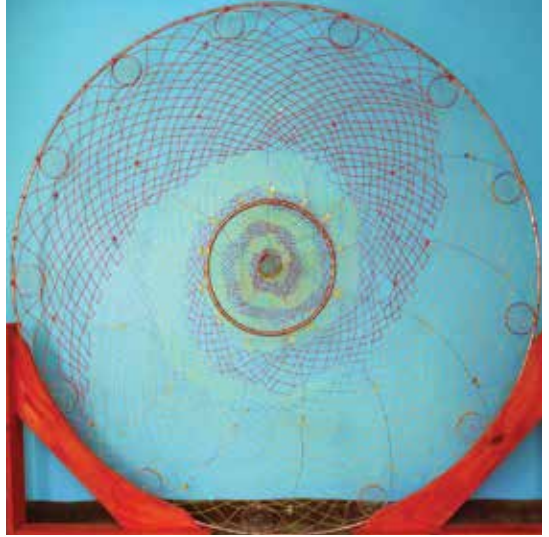
Each of the nine circles in Heaven Comes into Earth are “seeds” of Inspiration. The seeds are upheld by eighteen white triangles woven from wool fiber repurposed from the Earth. Within each ellipse lies three quartz crystals angel figures. In the center, a single large quartz crystal is held—as we, too, are held and protected.



6

NEW WORLD

The sixth Dream Circle, New World, continues the task of the fifth circle by aligning our energy with Heaven and Earth. In Native American lore, this is the juncture where eagle meets condor, North meets South, and all tribes, religions, and philosophies come together as a cohesive whole. Here, the “New World” is the collective dream of the planet being



raised to a higher consciousness. This Circle allows us the opportunity to change thoughts, patterns, and imprints in our DNA that are no longer serving us, thus creating a new world for us to experience.

New World reminds us that as a person we are always moving, thus options to create change are continually available to us. The spiral of color unwinds how we have separated ourselves from the planet and each other, and affords us the opportunity to return to unity with love and compassion. It is a birthing of the life force, the Mother’s womb where we birth our inspiration and are supported, protected, and given the opportunity to reach our full potential.

New World is encircled by a copper hoop stung in orange and yellow. The thirteen “seeds” of Inspiration represent the thirteen moons in a full year—each an opportunity to remember who we are. At the heart of the Circle, a smaller circle encases a large citrine quartz crystal. Within the web, thirty-six quartz crystals send energy from the citrine crystal out to the moons, creating a force for the spiral to continue moving. The interior red circle is formed from a copper-wrapped wheel chair wheel, symbolizing how we cripple ourselves when we believe we are stuck.

7

DREAMTIME, WALKING IN TWO WORLDS

The seventh Dream Circle, Dreamtime, Walking in Two Worlds, builds upon the fifth and sixth circles. It frames a free-standing Tree of Peace—a symbol of laying down our burdens while an eagle of protection watches over us. This circle contains the power to shed the cloaks we drape upon ourselves with fear, judgment, limitation, and separation. It invites us to lay down internal battles and confidently claim our fullest potential.

Within the stainless steel outer hoop are two chambers—silver and gold. The silver represents false identities others placed upon us or those we placed upon ourselves. This side contains four mirrors, reflecting our judgments, beliefs, and how we have chosen to exist in the world. It encourages us to relinquish feelings of lack and become present to the truth of who we are.

The gold chamber—our golden potential—invites us to bring forth and enjoy what we love to do. It is laden with thirteen Herkimer “diamonds” (double-terminated quartz crystals discovered in the Mohawk River Valley, NY). The Herkimer’s clarity, brilliance, and high frequency facilitates removal of energy blocks and stimulates healing by increasing the amount of light energy the body can utilize. This chamber brings forward patterns from past lives so that they may be resolved and dissolved.

In Iroquois legend, the Tree of Peace shelters an eagle. Likewise, Dreamtime, Walking in Two Worlds houses a carved wooden eagle with the Herkimer diamond in its beak as an offering of our potential if we are only willing to accept it. As in the sixth Dream Circle, the tree itself contains the second wheel chair wheel, again reminding us how we cripple ourselves. The tree also houses eight “seeds” of Inspiration, one on each leaf and another at the center of the wheel.



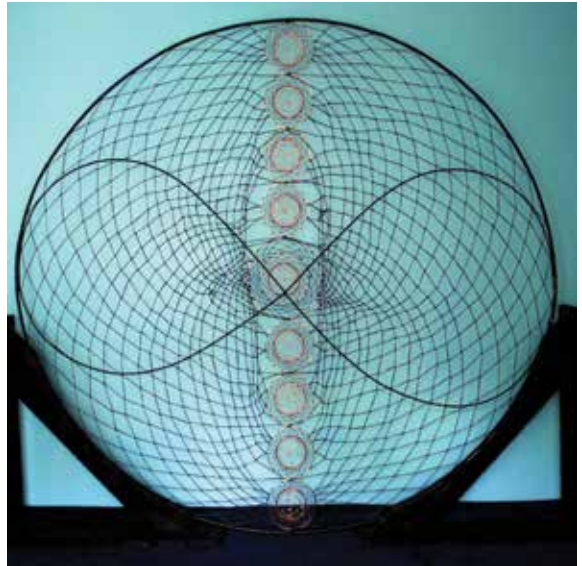
8

NINE SACRED CHAMBERS

The eighth Dream Circle is Nine Sacred Chambers. It aligns us to our Seven Chakra System, the Earth Star, or eighth chakra, located below the feet (the grounding point of the chakra system), and the Heaven Star, or ninth chakra. By aligning our chakras, we allow our natural alignment with Creator. The nine circular chambers also represent our connection to our ancestors, guides, or angels in accordance with our own spiritual beliefs. This circle is the foundation of all that exists in all worlds. As such, it allows us to activate the connective energy which travels down our spine to touch the Earth, reminding us to love every part of ourselves. We are encouraged to take a leap of faith when we want to move forward, but find change difficult.

In Nine Sacred Chambers, the black infinity symbol

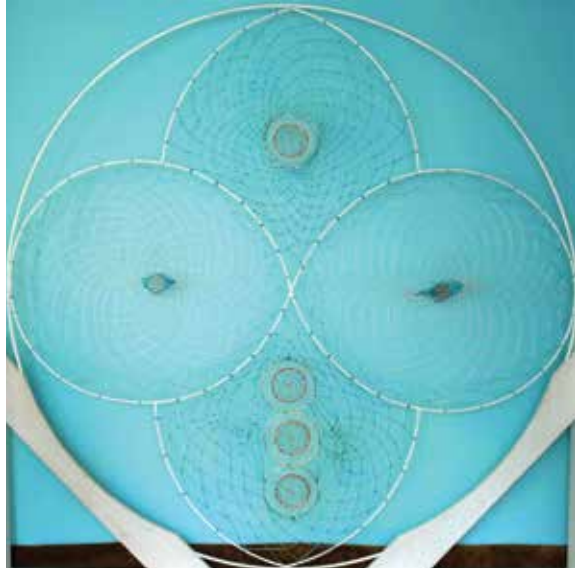
represents the infinite possibilities available to us when we choose to return to wholeness. It is bowed away from the circle because we have been walking in the frequency of chaos and therefore may not immediately be able to embrace the infinite potential of love, harmony, and balance. We often become accustomed to our habitual patterns, and as Zelda's grandmother has said, we may sit in a rocking chair, rocking back and forth without going anywhere. Nine Sacred Chambers gives us the courage to stand up from the metaphorical rocking chair and take a step forward.



9

THE TEMPLE

The ninth Dream Circle, The Temple, represents the temple of our bodies —this human body over which we hold guardianship. It reminds us of the sacredness of who we are, and that each of us is a Crystalline Child; the pure essence of the light of Creator. This circle connects us to the ancestors who help us to remember we are children of the stars who hold the temple of light of our own creation here on Earth.



The Temple represents a safe place we may visit at any time. Within the temple, we find the answers to all our questions about who we are and why we are here, as if in an infinite library. This Dream Circle shows us we all have the sacred gifts of knowing within us, thus this knowledge is always available to us.

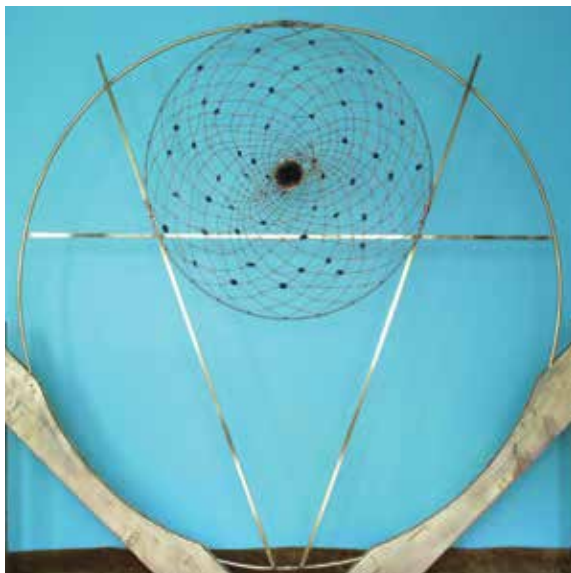
Inside the circle, two adjacent azure eyes are windows of who we are and the beauty that we hold. In the lower portion of the temple we find three “seeds” of Inspiration: our tribe, our culture, and our relationships. The Temple reminds us that in a world of many cultures, we must coexist in harmony.

10 THE CHALICE

The tenth Dream Circle, The Chalice, represents creation of all that is—the original instruction of all things breathing in harmony as one. It serves to activate our sacred gifts of knowing and fills our spiritual grail with the frequency of love. This circle invites us to drink up and enjoy the energy of the Mother and the Father, which connects us to the stars and beyond.

Too often, we search for healing outside ourselves when, in truth, all our power lies within. We have suppressed our life energy by inadvertently giving it away, not realizing no one can take our power without our permission. The Chalice welcomes us inside to immerse ourselves in the life force. Here, our inspiration bursts forth, and we feel oneness: we are simultaneously the Mother, the Father, and the Child.

The Chalice is formed from brass, cradling a steel circle. Within the steel circle, a large amethyst surrounded by dozens of smaller amethysts nurtures us, removing negativity.

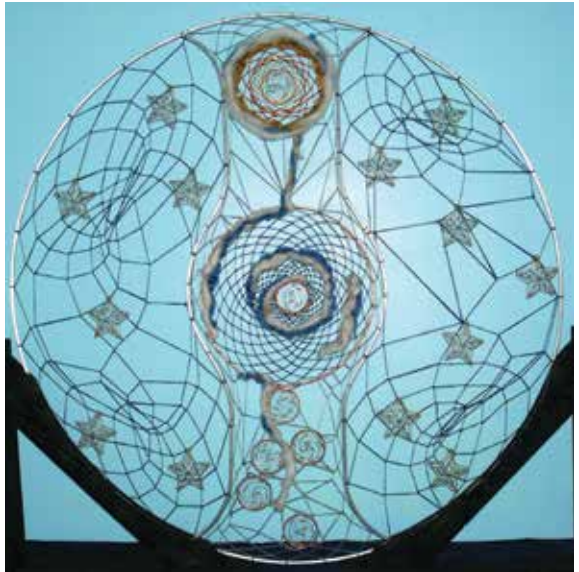


At this point in our journey, we are ready to embark upon The Bridge. The Bridge, a twenty foot long, nine-and-a-half foot tall, seven foot wide structure, presents the next seven Sacred Dream Circles so we may walk among them, traveling through the Universal Web.

As we enter The Bridge, we pass between The Eyes. These two Circles work in unison, beckoning us to enter and recall our lives from the very beginning until the present moment. The three constellation Dream Circles, Pleiades, Polaris, and Orion's Belt, are hung overhead for us to pass beneath them. With sparkling lights, they invoke the pageant of the night sky, returning us to our original home—the stars. At the end of the bridge, The Rainbow Fish & the Eye of Horas, accompanies us as we venture out into the new world we have created. The Gatekeeper is not stationary, rather it may be found wherever it is needed to draw The Bridge's energy as we travel through the heavens and enter the gateway to the Universe.

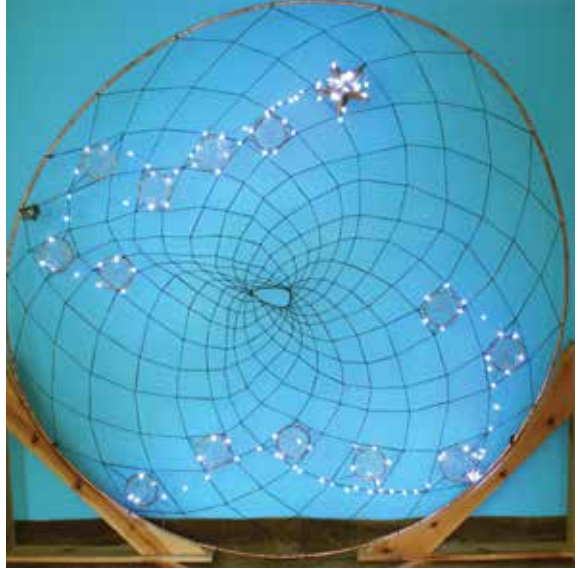
11 PLEIADES

The eleventh Dream Circle, Pleiades, also called The Seven Sisters, is our connection between the life force of the womb and the Father energy. This circle pays homage to the sun—the force of creation that radiates our entire bodies, making them shine with rebirthed inspiration.



The design of this Circle appears as a feminine form, the smaller upper circle her head and the medium central circle her belly. Her face, formed from gray, blue, and yellow wool, is the sun which brings both male and female energy to balance the inspiration of our creation. The wool then spirals outward in a braided strand, its three fibers symbolizing the Mother, the Father and the Son / sun. A tiny gold star in her belly is the birthing of the Mother energy and, along with it, the birthing of our inspiration. When suspended from The Bridge, Pleiades' swirls of light recall a sueded sky and we feel watched over and protected.

The twelfth Dream Circle, Polaris, also called The North Star, guides us home. Polaris is spacious, creating room for us to examine the lingering energy of our regrets. Within the circle, the ladles of the crystal lit Big Dipper and Little Dipper ensure nothing needed is left behind or forgotten.



When suspended from The Bridge, the lights of Polaris' constellations, formed from "seeds" of Inspiration, preserve our lessons from this journey. This Circle allows us to review all that we have learned so we may gain wisdom, no longer needing to repeat those lessons. Thus, as one grandfather Elder has said, when we learn from our "mistakes" they become life lessons, however if we remain stuck in non-beneficial patterns, then we are merely "sightseeing" through our journey. Polaris reminds us that there are only life lessons, and we are no longer victims of our circumstances, free to return home.

13 ORION'S BELT

The thirteenth Dream Circle, Orion's Belt, is the last of the constellation Dream Circles. According to Greek mythology, Orion was a great hunter. In Orion's Belt, he shoots his arrow into the Universe to manifest all possibilities of our inspiration, so we may reconnect with our freedom and enjoy life to the fullest.

This Circle also loosens the knots of our old, destructive, beliefs, revealing the beautiful essence of who we are. As we walk beneath Orion's Belt in The Bridge, we see without illusions, hear only a clearer vibration, and meld our minds with Creator. From this point we step forward and continue on our journey.

In the upper right quadrant of the circle, a red glass heart embodies this new energy as Orion's arrow shoots it forth to heal humanity.



The fourteenth Dream Circle, The Gate Keeper, is the guardian of the entire Dream Circle project. It offers protection from those who have resistance to universal love coming into the world. Some of us may not be ready to change and thus have fear of going further into the pure vibration of causeless joy. This circle shields from any influence that does not serve the light of Creator.

The Gate Keeper's netting acts as spiritual cleanser, eliminating all that does not serve the light of Creator and making space for love, peace and harmony. The netting is constructed from copper screen strewn with thirteen black obsidians. These stones represent elders who exist in our time and ancestors who bring teachings from their own times. When we experience this circle in The Bridge, we feel energy passing through our bodies, cleansing and clearing.



15 & 16 - THE EYES

The fifteenth and sixteenth Dream Circles, The Eyes, are meant to work as one. Together they represent an opening of the spider's mouth—the metaphorical weaver of the Universal Web. As we merge with the energy of The Eyes, we travel through our own lives, remembering everything from everywhere we have been.

The eyes open wide,
beckoning us to enter
The Bridge. Woven
from all the colors
of the rainbow, they
welcome all
ethnicities, religions,
and spiritualties.



THE RAINBOW FISH & THE EYE OF HORAS

The seventeenth Dream Circle is The Rainbow Fish & the Eye of Horas. The rainbow fish swims with us as we exit The Bridge, bringing with it the visions and inspiration with which we connected during our walk among the Dream Circles. This Circle assists us in carrying the new knowledge we have received in our physical bodies. From there we may retain and transmit that information to our communities and to the rest of world.

The Eye of Horas is a powerful Egyptian symbol of protection and health, the “all seeing eye”. Horas was considered a prophet and a son of the Gods, similar to prophets in Western religion.



This circle was created by forming a divinely inspired design in the shape of a fish holding sacred hoops. The fish’s eye is a “seed” of Inspiration and its rainbow colored body speaks of the inclusion of all walks of life.

The next three Dream Circles are symbolized as Kachinas. The Native American meaning of Kachina is spirit. According to Hopi lore, Kachinas are supernatural beings who inhabit the realms of mist and magic. They are not worshiped by the Hopi as deities; rather they are regarded as allies, and as our connections to the forces of nature.

18 BLUE STAR KACHINA

The eighteenth Dream Circle, Blue Star Kachina, represents the return of the Blue Star Kachina, also known as the Native American Nan Ga Sohu. By Hopi prophesy, she will be the alarm that awakens us to the coming of a new day and a new way of life.

This Circle is designed to transmit love out into the world despite any resistance. The pink quartz in her belly is the fifth element (love) because the belly, where all our information lies, is also where we suppress love. It is said that when we breathe into our chest we say love, but when we breathe into our belly we feel love. The Blue Star Kachina helps us free the love that we are.

The design of her face, as well as a tiny drum in the webbing, echoes the third Circle, Movement. Her outstretched arms receive love as she encourages us to send love to the area where we feel abandonment.



The nineteenth Dream Circle, Fire Kachina, embodies male energy. It represents the return of the Red Kachina, also known as the Dragon's Tail. According to Hopi prophecy, it will bring the Day of Purification—a time when anything that does not serve the light of Creator will be burned away. On this day, the Earth, her creatures, and all life as we know it, will change forever as we examine our stories and beliefs and un-create all that is no longer our truth.

The face of Fire Kachina repeats the design of Illumination. Red and yellow minerals tint the crystals strung in the webbing. His arms extend downward, shedding our non-beneficial beliefs with the grace of an autumn oak. The spiral activates our negative emotions such as fear, frustration, and anger so they may be purified. Fringes signify tears of letting go, purging all that no longer serves us.



20 SUN KACHINA

The twentieth Dream Circle, Sun Kachina, represents the return of Tawa, the Sun Maiden. According to Hopi prophesy, the Sun Kachina is a symbol of life, growth, strength of spirit, and abundance. The likeness of this spirit is donned during solstice ceremonies to beckon the sun's return and begin the growing season. Similarly, this Circle gives us the courage to move forward into a new season of our existence.

Hopi legend tells that the way through this time is found in our hearts, and by reuniting with our spiritual selves. We must become simple; retuning to living with

and upon the Earth in harmony with her creatures, remembering we are the Caretakers, the Fire Keepers of spirit.

The throat (our truth center where we learn to speak our truth clearly, with gratitude and humility) of the Sun Maiden harbors a double amethyst. Three rings below her throat are a necklace formed of brass, copper, and stainless steel—the three metals used throughout the Dream Circle project.

The Sun Maiden's up-stretched arms are an acceptance of honor. Her face recalls the pattern of the first circle, Inspiration. The fringes are both tears of joy, now that our fear has been shed, and clearing rain that sweeps the Mother. She reminds us to accept responsibility and gives us the courage of the Lion's Heart to carry our inspiration forward to great possibilities.



21 WHITE BUFFALO CALF WOMAN

The twenty-first Dream Circle, White Buffalo Calf Woman, is the final Dream Circle. White Buffalo Calf Woman's legend is ancient, arising some 2,000 years ago, and is central to the spiritual practice of the Lakhota (Lakota) nations. She returns when chaos and disparity are present, and therefore her appearance portends the need to refocus our attention on caring for the Earth and each other.

White Buffalo Calf Woman returned to human form to bring peace, balance, and harmony, therefore the message of this Circle refers to physical form. The elements of the Circle symbolize three “kingdoms” of the physical world. White leather cord wraps the outer ring, signifying the animal kingdom. Crystals (the hair in ears of Mother Earth where information is held) represent the crystal kingdom. A medicine pouch containing four different herbs represents the plant kingdom. An abalone shell calls forth the energy of water—the life blood of the Mother.



We have come full circle; awakening our inspiration, uncovering and un-creating non-beneficial beliefs, bridging the path to Creator so we may realize we are not separate, and finally returning home to the pure love we are. The Sacred Dream Circle project is complete. After the last knot of the twenty-first circle was tied, a spirit elder came to Zelda in a dream with the message that the twenty-one council of the Blue Star had been created. This meant that the Sacred Dream Circles are ready to fulfill the Blue Star prophesy foretelling the new world coming by being shared throughout the world. Now each one of us can be inspired to continue to walk our journey, come into the full potential of who we are, and carry our individual seeds of inspiration out into the world. And as we heal ourselves, humanity too will begin to heal. The portal is open; let us step through the Great Open Door.

ZELDA HOTALING

Zelda was raised in the Native American traditions of the Mohawk people, the Haudenosaunee. Her family is from the Kahnawaka Reservation in Canada, where she began receiving teachings as a child with the Elders; building her relationship with Creator.

Zelda's gifts are clairvoyance and spirit guide healing. When she prayed to Creator about how best to use her gifts in service to the Earth, humanity, and all of creation, she received guidance to create the Sacred Dream Circles. Her vision revealed her purpose to: "be the eye of the needle that threads the Universal Web" in order to be part of the amazing energy shift Mother Earth has manifested.

Zelda shares these words: "We are the people our ancestors dreamt about. We are the hope for future generations to bring healing, peace and balance to this world." Her wish is for all to accept and love themselves and to consciously create their own Karma. She is blessed and forever thankful to be able to share the sacred gift of the Sacred Dream Circles.

For more information or to host
the Sacred Dream Circle Project:
www.ZeldaHotaling.com
ZeldaHotaling@gmail.com

Please see our website for information on purchasing 3' custom
Sacred Dream Circles, 5" Seed Circles, DVD/MP3 Meditations
and many other items.

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*Note: Photographs cannot do justice to the majesty and scale of the Dream Circles;
they must be appreciated in person.*

** Benefits can be realized without experiencing all twenty-one circles.*











THE

SACRED DREAM CIRCLES

PROJECT

ZELDA HOTALING

There are twenty-one Sacred Dream Circles, each representing a portal of entry to connect with consciousness raising energy. Together, the Sacred Dream Circles focus our intention, reconnecting us with our authentic spiritual selves. They show us how we limit ourselves through fear and judgement, and help us connect with who we are and how to use our creativity during our journey on Earth. The Circles are meant to be shared by all who feel drawn to their gifts of life energy. They ask only that we remember our humanity and realize our life's purpose: to bring love, unity, peace, compassion, sharing, truth, honesty, friendship, joy, and healing to the world.



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